

## Sleep Renewal

## PRICE LIST • 2016



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Sleep Renewal was launched in April 2016, after intensive research into the importance of good restorative sleep. Un-restorative sleep is connected to many health concerns that the majority of us suffer from, such as Hypertension, Diabetes, Stroke, Heart disease and erectile dysfunction amongst others.

If your Health Renewal doctor strongly suspects that you have OSA (Obstructive Sleep apnea) and/or UARS (Upper Airway resistant syndrome), you will need to do an overnight sleep study. At Health Renewal we are pleased to announce that you can now do an overnight Sleep Study in the comfort of your home. You will be kitted up in one of the designated branches and must return the equipment the following morning. This Sleep Study will confirm whether you do indeed have OSA.

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